

**Exploring MyPyramid with Professor Popcorn  
Initial Training Process  
August 2006**

The training process for *Exploring MyPyramid with Professor Popcorn* involves viewing streaming videos, completing a training evaluation and submitting a permission to use protocol letter.

Steps:

1. Access the appropriate subsection of the training web site. Begin with ***Introduction to Training***.
2. Then proceed through each of the training sections. For example, for subject matter, go to the ***Training*** page then click on the ***Subject Matter*** link at the top of the ***Training*** page.
  - ▶ Print out the appropriate Powerpoint slides and any handouts related to that training section.
3. After watching each of the streaming videos (there are 6), complete the ***Training Evaluation*** and send to Donna Vandergraff.
4. Then the 2006 curriculum CD will be sent to you.
5. After you have completed the training, and prior to beginning a program, send a letter requesting permission to use the *Exploring MyPyramid with Professor Popcorn* protocol to Donna Vandergraff, [vandergraff@purdue.edu](mailto:vandergraff@purdue.edu).