

Don't Panic---Take Control

Purdue Extension has resources that families can utilize to take control of their financial situation in these difficult financial times. Living on a reduced income can be temporary or more long lasting. It's up to you to chart a course for your family finances by taking control, communicating with family members and creditors, and making necessary changes. The series, *When Your Income Drops*, includes eight factsheets which details steps for maintaining family financial control when your income is reduced. The publications in this series are:

Don't Panic---Take Control (CFS-704-1-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-1-W.pdf

Control Stress (CFS-704-2-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-2-W.pdf

Take Stock of Family Resources (CFS-704-3-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-3-W.pdf

Take Stock of Community Resources (CFS-704-4-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-4-W.pdf

Set Priorities for Spending (CFS-704-5-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-5-W.pdf

Plan to Pay Creditors and Protect Family Welfare (CFS-704-6-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-6-W.pdf

Keep a Roof Overhead (CFS-704-7-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-7-W.pdf

Meeting Insurance Needs (CFS-704-8-W)

www.ces.purdue.edu/extmedia/CFS/CFS-704-8-W.pdf

PURDUE AGRICULTURE

It is the policy of the Purdue University Cooperative Extension Service that all persons have equal opportunity and access to its educational programs, services, activities, and facilities without regard to race, religion, color, sex, age, national origin or ancestry, marital status, parental status, sexual orientation, disability or status as a veteran. Purdue University is an Affirmative Action institution. This material may be available in alternative formats.

Sharpen Your Survival Skills (CFS-704-9-W)
www.ces.purdue.edu/extmedia/CFS/CFS-704-9-W.pdf

[Money Traps](#)

[Predatory Payday Lending](#)

[\\$Supermarket \\$aving\\$:](#)
16 Tips that Total BIG Bucks!
by Alice Henneman, MS, RD
<http://lancaster.unl.edu/food>

[Family Game Night](#)

[Fun For Less resource list](#)

In addition to the above publications Purdue Extension has other resources to help during these difficult times. If you have questions or would like more information please contact the Purdue Extension Office in Posey County at 126 E. 3rd Street, P.O. Box 546, Mt. Vernon, IN 47620 or phone 812-838-1331.