

4-H CAMP COUNSELOR HEALTH/RELEASE FORM
THIS FORM MUST BE ON FILE FOR YOU TO ATTEND CAMP!

RETURN TO: CATHY BOERSTE, RANDY BROWN, OR CHEVEN MAY
CAMP DATES: JUNE 6-8, 2008

County _____

Name _____ Date of Birth _____

Address _____
Route or street City State Zip code

Age _____ Gender: Circle M or F RACE* _____ *Necessary to comply with affirmative action -- Civil Rights Standard

Have you attended 4-H Camp before? Yes _____ No _____ For how many years? _____

School attended _____ Grade in School as of May 1 of Current Year _____

Custodial parent/guardian _____ Phone: _____ Cell: _____

Home address _____
Route or street City State Zip code

Second parent/guardian/emergency contact _____ Cell: _____

Address _____ Phone: _____
Route or street City State Zip code

If neither is available in an emergency, please notify:

Name _____

Relationship _____ Phone: _____

Address _____ Cell: _____
Route or street City State Zip code

Important – This box must be complete for attendance!

Parent/Guardian Authorizations: this health history is correct and complete as far as I know. The person herein described has permission to engage in all camp activities except as noted. I hereby give permission to the camp to provide routine health care, administer prescribed and over the counter medications, and seek emergency medical treatment including ordering x-rays and routine tests. I agree to the release of any records necessary for treatment, referral, billing, or insurance purposes. I give permission to the camp to arrange necessary related transportation for me/my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp to secure and administer treatment, including hospitalization, for the person named above. This completed form may be photocopied for trips out of camp.

Signature of parent/guardian _____

Printed Name of parent/guardian _____ **Date** _____

Photo Use Permission

I grant the Kentucky 4-H Program, the University of Kentucky, Purdue Extension, and persons acting through them, the right to use, reproduce, assign and/or distribute photographs, films, videotapes and sound recordings of myself or my minor child without compensation for use in promotion/advertising, educational publications or electronic publishing (web sites) which they may create. Children's names will not be published.

Signature of parent/guardian _____ Date _____

Printed Name of parent/guardian _____ **Date** _____

PHOTOCOPY (FRONT & BACK) OF HEALTH INSURANCE CARD MUST BE ATTACHED TO THIS FORM!!!

Insurance Information

Is the participant covered by family medical/hospital insurance? Yes No

If so, indicate carrier or plan name: _____ Group # _____

General Questions (Explain "yes" answers below.)



Disabilities accommodated with prior notification.

Has/does the participant:

| | Yes | No | | Yes | No |
|--|--------------------------|--------------------------|---|--------------------------|--------------------------|
| 1. Had any recent injury, illness or infectious disease? | <input type="checkbox"/> | <input type="checkbox"/> | 16. Ever had back problems? | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have a chronic or recurring illness/condition? | <input type="checkbox"/> | <input type="checkbox"/> | 17. Ever had problems with joints (e.g., knees, ankles)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Ever been hospitalized? | <input type="checkbox"/> | <input type="checkbox"/> | 18. Have an orthodontic appliance being brought to camp? | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Ever had surgery? | <input type="checkbox"/> | <input type="checkbox"/> | 19. Have any skin problems (e.g., itching, rash, acne)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have frequent headaches? | <input type="checkbox"/> | <input type="checkbox"/> | 20. Have diabetes? | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. Ever had a head injury? | <input type="checkbox"/> | <input type="checkbox"/> | 21. Have asthma? | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Ever been knocked unconscious? | <input type="checkbox"/> | <input type="checkbox"/> | 22. Had mononucleosis in the past 12 months? | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Wear glasses, contacts or protective eye wear? | <input type="checkbox"/> | <input type="checkbox"/> | 23. Had problems with diarrhea/constipation? | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Ever had frequent ear infections? | <input type="checkbox"/> | <input type="checkbox"/> | 24. Had problems with sleepwalking? | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Ever passed out during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> | 25. If female, have an abnormal menstrual history? | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Ever been dizzy during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> | 26. Have a history of bed-wetting? | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Ever had seizures? | <input type="checkbox"/> | <input type="checkbox"/> | 27. Ever had an eating disorder? | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. Ever had chest pain during or after exercise? | <input type="checkbox"/> | <input type="checkbox"/> | 28. Ever had emotional difficulties for which professional help was sought? | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Ever had high blood pressure? | <input type="checkbox"/> | <input type="checkbox"/> | | | |
| 15. Ever been diagnosed with a heart murmur? | <input type="checkbox"/> | <input type="checkbox"/> | | | |

Please explain any 'yes' answers, noting the number of the questions.

Which of the following has the participant had?

Please give all dates of immunization for:

| | Vaccine: | Dates: | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr | Mo/Yr |
|--|-------------------------|--------|-------|-------|-------|-------|-------|-------|
| <input type="checkbox"/> Measles | DTP | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Chicken Pox | TD (tetanus/diphtheria) | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> German measles | Tetanus | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Mumps | Polio | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis A | MMR | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis B | or Measles | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> Hepatitis C | or Mumps | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| | or Rubella | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| TB Mantoux Test | Haemophilus influenza B | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| Date of last test _____ | Hepatitis B | _____ | _____ | _____ | _____ | _____ | _____ | _____ |
| Result <input type="checkbox"/> Positive <input type="checkbox"/> Negative | Varicella (chicken pox) | _____ | _____ | _____ | _____ | _____ | _____ | _____ |

Use this space to provide additional information about the participant's behavior and physical, emotional, or mental health about which the camp should be aware. _____

Name of family physician _____ Phone _____

Address _____

Name of family dentist/orthodontist _____ Phone _____

Address _____

HEALTH HISTORY

The following information must be filled in by the parent/guardian. The intent of this information is to provide camp health care personnel the background to provide appropriate care. Keep a copy of the completed form for your records. Any changes to this form should be provided to camp health personnel upon participant's arrival in camp. Provide complete information so that the camp can be aware of your needs.

ALLERGIES

Medications allergies (list) Describe reaction and management of the reaction.

Food allergies (list) Describe reaction and management of the reaction.

Other allergies (list) – include insect stings, hay fever, asthma, animal dander, etc. Describe reaction and management of the reaction.

Please list any **DIETARY RESTRICTIONS**

that apply to this individual. _____

**4-H CAMP HEALTH FORM
(Youth)**

County _____

Camp Counselor's Name _____

List any activities the participant should avoid (i.e., swimming):

| Physical Record of Participant: | Check | Yes | <u>OR</u> | No |
|--|-------|-----|-----------|-----|
| Heart Condition | | ___ | | ___ |
| Diabetes | | ___ | | ___ |
| Ear Infections | | ___ | | ___ |
| Bedwetting | | ___ | | ___ |
| Allergy to any medication | | ___ | | ___ |
| List medicines allergic to: _____ | | | | |
| Other allergies (i.e., food, dust, pollen, animals) | | ___ | | ___ |
| List other allergies _____ | | | | |
| Date of last tetanus shot: _____ | | | | |

Please list any current medication being taken: _____

Any other medical record information that would be beneficial during the program or in an emergency:

PARENTAL AUTHORIZATION

Pursuant to Indiana Code Paragraph 16-36-1-6 and subject to any limitations listed below, I request and authorize Purdue University Cooperative Extension Service employees and their authorized agents to arrange for all reasonably necessary medical care, including transportation and hospitalization, for my child while in attendance at and participating in 4-H Youth Development events and activities.

I also understand that, as a result of my child's participation in this program, it will be necessary for Purdue CES employees and other authorized personnel with the program to have access to relevant medical information pertaining to my child, and I authorize the use and disclosure of my child's medical information to promote a safe and healthy experience for my child.

Parent/Legal Guardian Signature Date

Witness to Parent/Legal Guardian Date

Parent/Guardian Telephone:

(_____) _____
Home

(_____) _____
Work

In case we cannot reach you, please list the name and phone number of a second party to contact:

Name _____

Address _____

Telephone: (_____) _____
Home

(_____) _____
Work

**Kentucky 4-H Camps
Camper Medication Form**

All Prescription Medications Must Be In Its original Container.

Name: _____ Age: _____ Weight: _____

Medication/Rx Number: _____ Amount: _____ mg/cc Medication Name: _____

Number of tablets/pills/capsules/etc. sent to camp: _____

Check the correct statement:

This medication is properly contained in its original container and should be used as directed.

This is a non-prescription medication. **If you check this statement, you must complete the box below!**

Circle all that apply

To be taken at: Breakfast Lunch Mid-afternoon Supper Bedtime As Needed

Directions and warnings (please be specific):

Medication/Rx Number: _____ Amount: _____ mg/cc Medication Name: _____

Number of tablets/pills/capsules/etc. sent to camp: _____

Check the correct statement:

This medication is properly contained in its original container and should be used as directed.

This is a non-prescription medication. **If you check this statement, you must complete the box below!**

Circle all that apply:

To be taken at: Breakfast Lunch Mid-afternoon Supper Bedtime As Needed

Directions and warnings (please be specific):

Parent Declaration

I, _____, as the parent or legal guardian of _____, understand that the Camp Emergency Medical technician shall act as the designee of the Camp to see that my child takes his/her medication as it is prescribed or as directed above. In the event that my directions differ from those on the original container, I understand that I must obtain a note from the prescribing physician confirming the directions that should be followed in administering medications to my child. Furthermore, I understand that if there are any questions or concerns, I may be contacted.

Signature of Parent/Legal Guardian

Date